**Conclusion**

Our aim was to measure the heart rate of a person before and after drinking coke

The results show that the heart rate decreases after drinking coke, this is because of the caffeine, our heart rate gets slower after drinking coke, tea or anything that has caffeine in it.

I recommend that if you want to relax you should have a coke or caffeine because coke makes your heart rate go down so you will be more relaxed.